



COGNITIVE BEHAVIORAL INTERVENTION OUTREACH GROUP



WITH DWIGHT HALE, CBI FACILITATOR

Designed to help individuals in a warm, nonjudgmental, collaborative, & culturally informed environment to accept their challenges & provide tools to help build healthy lives with themselves, family, and society.

JOIN US!

- *EVERY TUESDAY @ THURSDAY*
At LINC: 801 Princess St., Suite 102
9am-11am
- *EVERY OTHER FRIDAY*
At PCU: 320 Chestnut St., Suite 401
Time: 9am-10:30am
- *EVERY THIRD MONDAY OF THE MONTH*
At The Harrelson Center: 20 N 4th St.
Time: 9am-10:30 AM



If we only
believe...
We can achieve
the impossible