

NC FIT Wellness

NC FIT Wellness, part of the North Carolina Formerly Incarcerated Transition Program (NC FIT), expands access to behavioral health services for justice-involved individuals having a severe and persistent mental health need and/or substance use disorder.

FIT Wellness is one of 29 reentry programs across the state helping coordinate care for people rejoining the community after incarceration to ensure successful integration and long-term recovery.

The FIT Program is a partnership between: UNC Family Medicine, North Carolina Department of Public Safety, North Carolina Community Health Center Association, Federally Qualified Health Centers (TAPM), County Departments of Public Health, community-based reentry organizations, and local reentry councils, including the LINC, Inc. Local Reentry Council in New Hanover County.

Who is Eligible for NC FIT Wellness services:

- Individuals who are justice-involved with a Severe Mental Illness (SMI) diagnosis, including schizophrenia, schizoaffective, bipolar I, and/or psychotic depression
- Referral from Durham/Orange/Wake/New Hanover jails and all state prisons OR referral from DAC-SMI MCO liaisons within 7 days of release from incarceration
- New Hanover County residents (Pender, Duplin and Brunswick County residents on a case-by-case basis)
- Any gender
- Ages 18+

Contact:

Tasha Majette
Community Health Worker
Certified Peer Support Specialist
(910) 292-8251
tmajette@lincnc.org



Learn more about LINC, Inc. and programs for justice-involved citizens at www.lincnc.org