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NC FIT
FORMERLY INCARCERATED TRANSITION PROGRAM

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OUR MISSION:

Improve the health and well-being of people who have been recently released and improve their chances of successful reentry into the community

OUR GOALS

Connect people being released from incarceration with needed health services; to include physical health, mental health and substance use disorder treatment. Assist FIT Program clients with all aspects of reentry; to include housing, job training, legal needs, education, transportation and life skills.

WHO TO CONTACT

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Incarcerated people experience increased rates of mental illnes substance abuse, and chronic and infectious disease. These populations also frequently are adversely affected by socioeconomic risk factors for poor health, including lower educational attainment and higher rates of poverty. Given this risk, such populations are in clear need of significant health services. Particularly upon release from an institution or correctional facility, former inmates may require substantial assistance in securing health care benefits and access. Without Medicaid or other programs, however, many individuals do not have access to appropriate care.

Intended Outcomes Among FIT Program Clients:

- Improved utilization of primary care medical services, mental
- health services and substance use disorder treatment
- Reduced hospitalization and emergency room use
- Reduced recidivism and re-arrest
- Increased access to needed reentry services and client
- satisfaction
- CHWs build a unique trust with their clients resulting in enhanced
- primary care engagement and reduced Emergency Department
- utilization
- The NC FIT Program provides vouchers for our clients, who are
- eligible, to primary care services and to cover costs for their
- medications.

THE FIT PROGRAM IS A PARTNERSHIP BETWEEN: UNC Family Medicine, the North Carolina Department of Public Safety (which administers the state prisons), The North Carolina Community Health Center Association, Federally Qualified Health Centers (TAPM), County Departments of Public Health, community-based reentry organizations and local reentry councils (GCRC).