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NC FIT
FORMERLY INCARCERATED TRANSITION PROGRAM

LINC
LEADING INTO NEW COMMUNITIES

NC FIT Wellness

NC FIT Wellness, part of the North Carolina Formerly Incarcerated Transition Program (NC FIT), expands access to behavioral health services for justice-involved individuals having a severe and persistent mental health need and/or substance use disorder.

FIT Wellness is one of 29 reentry programs across the state helping coordinate care for people rejoining the community after incarceration to ensure successful integration and long-term recovery.

The FIT Program is a partnership between: UNC Family Medicine, North Carolina Department of Public Safety, North Carolina Community Health Center Association, Federally Qualified Health Centers (TAPM), County Departments of Public Health, community-based reentry organizations, and local reentry councils, including the LINC, Inc. Local Reentry Council in New Hanover County.

Who is Eligibile for NC FIT Wellness services:

- Individuals who are justice-involved with a Severe Mental Illness (SMI) diagnosis, including schizophrenia, schizoaffective, biploar I, and/or psychotic depression
- Referral from Durham/Orange/Wake/New Hanover jails and all state prisons OR referral from DAC-SMI MCO liaisons within 7 days of release from incarceration
- New Hanover County residents (Pender, Duplin and Brunswick County residents on a case-by-case basis)
- Any gender
- Ages 18+

Contact:

Tasha Majette
Community Health Worker
Certified Peer Support Specialist
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Learn more about LINC, Inc. and programs for justice-involved citizens at www.lincnc.org

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